

13's Offensive Strategies

The expectations for the 13's age group is to master basic fundamentals. Offensively, the club wants this age group to become familiar and consistently run basic sets but also understand/run the next level by mid to end of season. *This all depends on the team's ability. Coach needs to use their best opinion when it comes to advancing their offense.*

Please Refer to the Offense Strategies Page for specifics on each set named.

Outside Hitters:

- Hut- Primary set
- 4- okay to use but try to advance to Hut height as quick as possible.
- 32
- 2

Middle Hitters:

- A
- B
- C
- Slide

Right Side Hitters:

- Flair
- C
- 2

Teams can incorporate back row attacks at this age. *Depending on team's abilities.*

- Red
- Pipe
- Blue

14's Offensive Strategies

The expectations for the 14's age group is to touch base with basic fundamental sets but incorporate a more advanced set for each position. Offensively, the club wants this age group to show consistency running basic sets but also understand/run the next level by mid season. *This all depends on the team's ability. Coach needs to use their best opinion when it comes to advancing their offense.*

Please Refer to the Offense Strategies Page for specifics on each set named.

Outside Hitters:

- Hut- Primary set
- 4- okay to use but try to advance to Hut height as quick as possible.
- 32
- 2
- Go or Shoot

Middle Hitters:

- A
- B
- C
- Slide
- Push 1

Right Side Hitters:

- Flair
- C
- 2
- A

Teams should incorporate back row attacks at this age. *Depending on team's abilities.*

- Red
- Pipe
- Blue

15's Offensive Strategies

The expectations for the 15's age group is to touch base with basic fundamental sets but incorporate a more advanced set for each position. Offensively, the club wants this age group to show consistency running basic sets but also understand/run the next level by beginning to mid season. *This all depends on the team's ability. Coach needs to use their best opinion when it comes to advancing their offense.*

Please Refer to the Offense Strategies Page for specifics on each set named.

Outside Hitters:

- Hut- Primary set
- 4- okay to use but try to advance to Hut height as quick as possible.
- 32
- 2
- Go or Shoot
- Add the other sets according to what you see fit for your outside's capabilities.

Middle Hitters:

- A
- B
- C
- Slide
- Push 1
- Add the other sets according to what you see fit for your middle's capabilities.

Right Side Hitters:

- Flair
- C
- 2
- A
- Add the other sets according to what you see fit for your RS's capabilities.

Teams should incorporate back row attacks at this age.

16's-18's Teams

The expectations for these age groups is to run a full offense, based on your team's capabilities and progression. Work consistency first and advance to running plays that incorporate the club's sets. *This all depends on the team's ability. Coach needs to use their best opinion when it comes to advancing their offense.*

Refer to the Club's Offensive Strategies for the sets to utilize.